

UNDERSTANDING PLAN FIRST IN MICHIGAN & WHAT TO DO IF YOU THINK YOU WERE INCORRECTLY ENROLLED

What is Plan First?

Plan First is a limited Medicaid benefit offered by the Michigan Department of Health and Human Services (MDHHS). It provides family planning and related services only to individuals who do not qualify for full Medicaid coverage. It is not full Medicaid and does not provide comprehensive health care benefits.

What does Plan First cover?

Plan First includes services such as:

- Family planning office visits
- Contraceptive counseling and birth control
- Preventive screenings and STI testing/treatment
- Pregnancy testing
- Certain laboratory services
- Voluntary sterilization procedures
- Some cervical cancer screenings and related preventive services

What does Plan First NOT cover?

Plan First does not cover many services available under full Medicaid, including:

- Primary care and specialty medical care
- Hospital services
- Transportation
- Dental services
- Most prescription medications are unrelated to family planning
- Treatment for infertility
- Abortions

I think I should have full Medicaid. What should I do?

If you believe you were enrolled in Plan First by mistake, or your circumstances have changed, you may qualify for full Medicaid.

Examples include:

- Your income has decreased.
- Your household size has changed.
- You became pregnant.
- You have a disability or another circumstance that may qualify you for a different Medicaid program.
- You recently lost other health insurance.
- You believe your eligibility was determined incorrectly.

NEXT STEPS

1. Report Changes Immediately

Update your information through:

- MI Bridges
- Your local MDHHS office

MDHHS will review your eligibility and determine whether you qualify for full Medicaid coverage.

2. Request an Eligibility Review

If you believe your current enrollment is incorrect, ask MDHHS to review your Medicaid eligibility for all available programs—not just Plan First.

3. Keep Documentation

Be prepared to provide information such as:

- Current income
- Household members
- Pregnancy status (*if applicable*)
- Other information that may affect Medicaid eligibility

FREQUENTLY ASKED QUESTIONS

Can I switch from Plan First to full Medicaid?

Yes. If your circumstances have changed or you qualify under another Medicaid category, MDHHS can review your eligibility and enroll you in full Medicaid if you qualify.

Who should I contact?

- Your local MDHHS office
- MI Bridges to report changes or update your application

KEY TAKEAWAY

Plan First is not full Medicaid. If you think you should have comprehensive Medicaid coverage, report any changes in your circumstances to MDHHS or update your information through MI Bridges. MDHHS will review your eligibility to determine whether you qualify for full Medicaid benefits.

