Michigan Quality Improvement Consortium Guideline Routine Preventive Services for Infants and Children (Birth - 24 Months)

The following guideline provides recommendations for routine preventive services for children birth to 24 months. Children at increased risk may warrant additional services, e.g. Early Periodic Screening, Diagnosis and Treatment Program (EPSDT)¹. Personalized recommendations: to offer any patient, for age, gender, and risk factor-based recommendations, see <u>Electronic Preventive Services Selector</u>.

Visit Schedule						or-based re						
Birth	Health, developmental and risk assessments at each visit (see Vis	t Schedule), inc	uding Social	Determinant	s of Health vi	a <u>Bright Futu</u>	<u>ires</u> .					
Birth Before 1 month	Parental education and counseling:							1 0011				
1 month	 Immunizations, nutrition, breast-feeding (goal one year) [A], phy anxiety, stress reduction, coping skills. 	ical activity, chi	d abuse/traffi	CKING (MICNI	gan abuse an	ia neglect no	tline (855-44	4-3911), dep	ression, alc	onol and drug	g abuse,	
2 months	- Dental health: limit sugars and juices, home oral care, remove bottle when asleep.											
4 months 6 months	- Motor vehicle safety ² : Rear-facing car seat until 2 years. [B]											
9 months	- Poison prevention: Keep the National Poison Control number (8	0-222-1222) re	adily accessil	ole; use child	resistant cor	ntainers.						
12 months	- Burn prevention: Install smoke detectors and test bi-annually; carbon monoxide detectors; water heater temperature and fire prevention.											
15 months 18 months	- Injury prevention: Use of gates; never leave infant unattended o	n changing table	; water safety	; parent and	I sitter CPR tr	raining.						
24 months	- Safe to sleep ³ : Back to sleep [B], no bed sharing, no over bundl	ng.										
	 Tobacco use screening: Establish secondhand smoke exposure Fluoride varnish application by the primary care clinicians once primary care clinicians 	many tooth have	oruptod Op	no tooth aro	procont appl	ly fluorido ya	vrnich to all a	hildron ovon	(3 to 6 mon	the in the priv	nony coro or	dontal
	office based on caries risk	inary teetii nave	erupteu. On		present, appi			illulen every	5 10 0 11011	uis in the phi	nary care or	uentai
			Before	1	2	4	6	9	12	15	18	24
Recommendation		Birth	1 month	month	months	months	months	months	months	months	months	months
Ocular prophylaxis for gonococcal ophthalmia neonatorum (erythromycin		x	x									
ointment) [A] Confirm receipt of Vitamin K and Hep B vaccine at birth.		^	^									
Neonatal screening: Newborn metabolic screening > 24 hours of age [D]		х										
Hearing screening for congenital hearing loss [B]		х										
Congenital heart disease screening ⁴		х										
Assess for hyperbilirubinemia		х	x									
Dental screening; ad When water fluoride	equate fluoridation; establish dental home <0.6pppm⁵, apply fluoride varnish for children at risk						x					
D	ning using a standardized tool									1		
Developmental scree	a standardized tool					х	х	х	х	х	х	х
•	ning using a standardized tool ⁶ ning at each visit from 4-24 months ⁷					x	x	x	x	x	x	x
Discuss formal scree	ning using a standardized tool ⁻ ning at each visit from 4-24 months ⁷ 3] (Other high- risk population or Medicaid)					x	x	x		x x	x	
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Levels of Evidence of most significant recommendations: A = randomized controlled trials; B = controlled trials, no randomization; C = observational studies; D = opinion of expert panel

This guideline lists core management steps. It is based on AAP Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition, 2017. Individual patient considerations and advances in medical

Approved by MQIC Medical Directors May 2007, 2009, 2011, 2013, 2015, 2017, 2019; August 2021; March 2024

Reference:

Recommendation: Prevention of Dental Caries in Children Younger Than 5 Years: Screening and Interventions | United States Preventive Services Taskforce (uspreventiveservicestaskforce.org)