

Behavioral Health Overview

Sean Kendall

Plan President & CEO



Our Purpose and Mission



Transforming the health of the community,
one person at a time.

Better health outcomes at lower costs.

Brand Pillars:

- **Focus on the Individual:** Empowering people to create healthy habits that last a lifetime
- **Whole Health:** Delivering a full spectrum of care from physical health to emotional wellness
- **Active Local Involvement:** Helping our neighbors create a stronger, healthier community

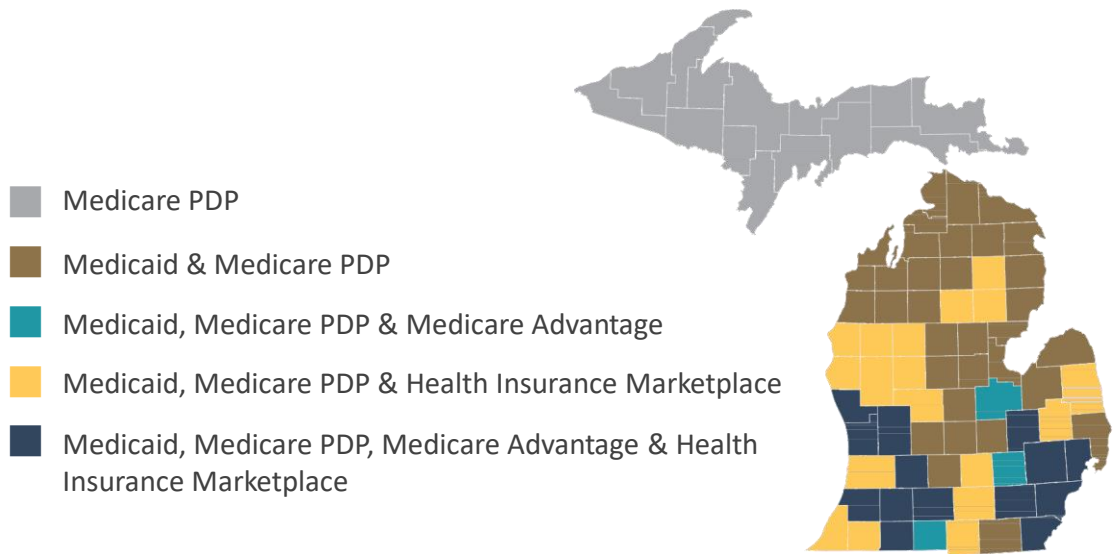
Meridian Fast Facts

- Serves 568,900 members in Michigan*
- Local presence: offices in Detroit, Lansing and Troy
- Provides access to 65,000 healthcare providers and 5,000 healthcare facilities in the state*
- Operates MeridianRx, a Pharmacy Benefit Manager (PBM)
- Awarded NCQA Commendable for Medicaid and Accredited for Health Insurance Marketplace plans






**As of November 2020*



Our Presence



Our Lines of Business

Medicaid	Medicare	Health Insurance Marketplace
<p>548,170 Members Populations include:</p> <ul style="list-style-type: none"> • Aged, Blind, Disabled • Children’s Special Health Care Services (CSHCS) • Dual-eligible • Healthy Michigan Plan members • Temporary Assistance for Needy Families (TANF)   	<p>171,300 Members Populations include:</p> <ul style="list-style-type: none"> • Medicare Advantage Plans • Medicare Prescription Drug Plans (PDPs) 	<p>10,300 Members</p> 



Meridian

- Joined the Centene family of companies in January 2020
 - Diversified multi-national healthcare enterprise that provides services to government sponsored and commercial healthcare programs, focusing on under-insured and uninsured individuals
 - Largest Medicaid managed care organization in the country
 - 25.2 million members (serving 1 in 15 Americans in all 50 states)

CENTENE'S SUCCESS IS DRIVEN BY OUR COMMITMENT TO:



**Focus on the
Individual**



**Whole
Health**



**Active Local
Involvement**

Specialty Integrated Experience

Foster Care & Child Welfare

- WA, IL, FL, TX

LTSS

- PA, FL, TX, CA, IL, OH, NM, IA, NY, KS, AZ, HI, NJ, NC

Behavioral Health

- FL, NY, AR, HI, AZ, GA, IL, IN, IA, KS, KY, LA, MD, MI, MS, MO, NE, NV, NH, NJ, NM, NY, NC, OH, OR, SC, TX, WA, WI

Integration

“At its simplest, integrated care is an approach to overcome care fragmentations, especially where this is leading to an adverse impact on people’s care experience and care outcomes. “

Nick Goodwin, CEO and Co-Founder
International Foundation for Integrated Care

Why Integration?

- In 2019, there were an estimated **51.5M adults (20.6%) living with any mental illness**
- Of this group, **55% did not receive mental health services** during that year
- Upwards of **40%** of those seen in a **primary care setting** are **dealing with a mental health condition**
- In a given year, **1 in 12 adults is dealing with a substance use disorder (SUD)**
- **Only 12%** of Americans **with SUD receive treatment** in a given year
- Those living with a behavioral health conditions have **much higher rates of other chronic conditions, emergency room visits and inpatient hospitalizations**
- Suicide is the **2nd leading cause of death** for **ages 10-34**
- According to the CDC, **Michigan's suicide rate increased by 32.9% between 1999 to 2016**
 - This correlates to **1 in 5** Michigan residents
- The **life expectancy** of someone living with a Severe Mental Illness is **decades shorter** when compared to someone without a Severe Mental Illness

Health Care has Changed

Before, we had...

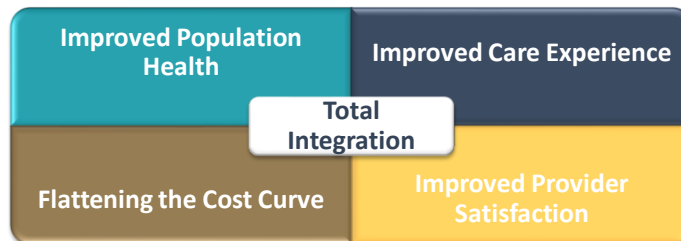
- Mental Health Providers
- Substance Use Treatment
- Behavioral Health Care
- Primary Care
- Specialists (when available)
- SDOH Needs

Today, we have...

- Primary Care in BH settings
- BH in Primary Care
- Patient-Centered Medical Homes
- Collaborative Care Models
- Accountable Care Organizations
- Certified Community Behavioral Health Centers

Integration Experience

- Integrated health plans in 27 states across the US
 - Michigan is not yet fully integrated
- Strong history of working with state agency partners to evolve approaches to covered behavioral health benefits
- Emphasis on the ***Quadruple Aim***:



Advancing Integration (Arizona)

Overview:

Supported the development of 17 urban & rural Integrated Health Homes comprised of BH/PH providers, including incentives for quality & outcomes.

Results:

- ✓ 100% increase in 7-Day Follow-up after an emergency visit
- ✓ 80% increase in influenza immunizations
- ✓ 220% increase in A1c Testing Rates

Advancing Integration (Washington)

Overview:

To address the impact of trauma and co-occurring BH conditions, including early identification and intervention for suicidal ideations, our integrated health plan in WA implemented both trauma-informed trainings and a broad campaign to administer the Columbia-Suicide Severity Rating Scale (C-SSRS) screenings.

Results:

- ✓ 498 C-SSRS screenings were completed
- ✓ An 8% decrease in suicide attempts was noted for the health plans Substitute Care, Adoption Support and Alumni populations in 2018

Questions?

Sean Kendall

Plan President & CEO

sean.kendall@mhplan.com

313-590-1705

Dawn Siggett

VP, Government Affairs

dsiggett@centene.com

517-294-8604

